

JS Morton High School District 201 October Breakfast & Lunch

MONDAY OCTOBER 5, 12, 19, 26	TUESDAY OCTOBER 6, 13, 20, 27	WEDNESDAY OCTOBER 7, 14, 21, 28	THURSDAY OCTOBER 1, 8, 15, 22, 29	FRIDAY OCTOBER 2, 9, 16, 23, 30
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Breakfast includes 1 serving grain, a cheese stick, fruit and white milk

General Mills Or Darlington Cereal Bar *Fruit Selection Milk Carton	Kellogg's Strawberry Pop Tart *Fruit Selection Milk Carton	Kellogg's Cereal Bowl Pack *Fruit Selection Milk Carton	Kellogg's Strawberry Pop Tart *Fruit Selection Milk Carton	General Mills Strawberry Yogurt Chex Mix *Fruit Selection Milk Carton
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Lunch entrees are pre-packaged frozen meals for at heat & serve at home

Corn Dog Whole Grain And Chicken Baby Carrots *Fruit Selection Milk Carton	Beacon Street Cheese Stuffed Bread Sticks Marinara Cup *Fruit selection Milk Carton	Pizza Puff w/ ground pork & seasoned tomato sauce Vegetable Juice *Fruit Selection Milk Carton	Wrapped Mini Twin Cheese Burgers Baby Carrots *Fruit Selection Milk Carton	Fernando's Taco Burrito Salsa Cup *Fruit Selection Milk Carton
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All meals are packaged for curbside pickup

5 day pre-pack option for Morton Students with a valid School ID

Meals are available at the following locations for curbside pick-up weekdays only at the following locations between the hours of 10:30 a.m. to 1:00 p.m.

Morton East High School
2423 South Austin Blvd.
Cicero, IL 60804

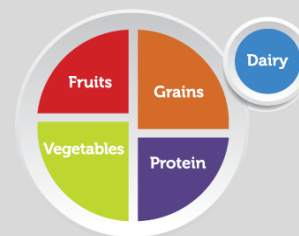
Morton Freshman Center
1801 South 55th Ave.
Cicero, IL 60804

Morton West High School
2400 South Home Ave.
Berwyn, IL 6042

USDA Summer Program Extension Meals are available for the pandemic through December 2020. Meals are available to all children under the age of eighteen without regard to race, color, national origin, age or disability.

Menu items are subject to change based on availability

Meal Options



Meals follow the USDA guidelines for the summer program. And include at least 3.4 veg./fruit with lunch

Fruit Selections Varies By Day

Apples, oranges, bananas
Dried or canned fruit,
100% real fruit juice

2 servings of grain are included with each packaged breakfast/lunch combo

2 once protein with each lunch entree

You may select one 8oz. carton of milk with each breakfast
And each lunch meal

Milk Selection

1% white
When available